

Natural Kitchen - MYO (Mix-your-own)

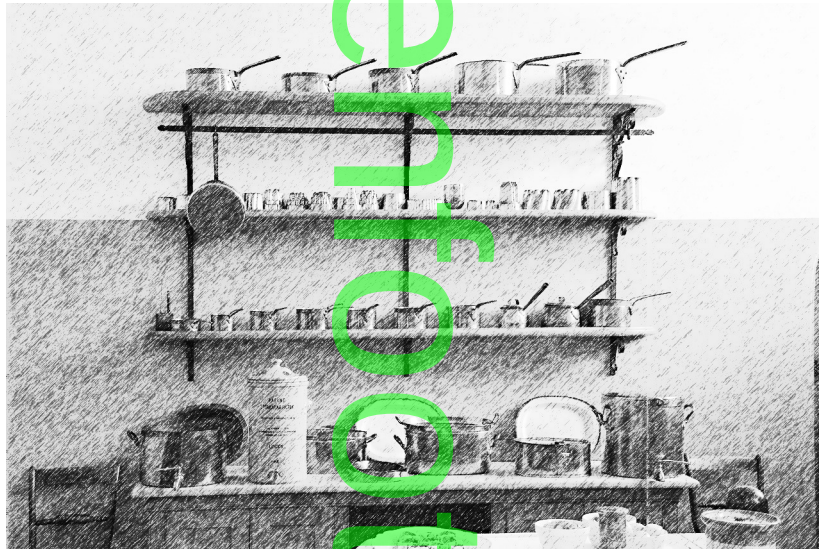
1. Dishwasher powder

- 300 g/ 10 oz Citric acid
- 300 g/ 10 oz Bicarbonate Soda
- 300 g/ 10 oz Washing Soda

Use 1-2 tsp per load

Optional rinse aid

Dissolve 80g / 3 oz of citric acid in 200 ml / 7 fl oz hot water, add 300ml / 11 fl oz alcohol (vodka) or just use white vinegar



2. Washing up liquid

- 10-15 g / 0.5 oz of grated curd soap
- 500 ml / 18 fl oz water
- 3-4 tsp bicarbonate soda
- 5-10 drops essential oil

Grate the soap and mix into the water; Bring to the boil; Let it cool and add the bicarbonate soda and essential oils; Fill up a 500 ml / 18 fl oz bottle

3. Scouring powder

Bicarbonate soda, Borax substitute and cooking salt in equal quantities; Mix with some water to create a paste to clean cooker tops