

## *Natural laundry - MYO (Mix-your-own)*

### *Home made laundry liquid*

- 30 g / 1 oz Grated curd soap
  - 4 tbsp Washing soda
  - 2 1/4 pints Water
1. Grate the curd soap.
  2. Mix water, soda and soap in pan with a whisk.
  3. Bring to the boil then let it stand for an hour.
  4. Boil again then let it stand for another 6 to 24 hours.
  5. Let it cool and add some essential oil. Lavender or lemon work well.

*Use 100-200 ml per load, shake well before use*

*Add 1-2 tsp bicarbonate soda for whites*

